## **Claims**

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- 1. For a firefighter or an emergency worker, a protective garment having a back portion, which is breathable to allow air and water vapor to pass through the back portion, and a front portion including a fluid-impervious, heat-reflective layer, which is continuous from a region at or near a top of said garment to a region at or near a bottom of said garment.
- 2. The garment of claim 1, wherein said heat-reflective layer also is continuous from a region at or near one side of said front portion to a region at or near the other side of said front portion.
- 3. The garment of claim 1, wherein said garment comprises a coat having two shoulders and having a bottom edge, wherein the top of the said heat-reflective layer is at or near the shoulders, and wherein the bottom of said heat-reflective layer is at or near the bottom edge.
  - 4. The garment of claim 3, wherein said coat includes a closable front opening between opposite sides, and wherein said continuous heat-reflective layer extends across said opening.
    - 5. The garment of claim 1, wherein both said front and back portions comprise breathable moisture and thermal barriers, said heat-reflective layer overlying said barriers, over substantially the entire front portion.
    - 6. The garment of claim 5, wherein said heat-reflective layer comprises an aluminized layer.
    - 7. The garment of claim 6, wherein said aluminized layer comprises aluminized, polyester film.
  - 8. For a firefighter or an emergency worker, a protective garment having a front portion and a back portion, the back portion being breathable to allow air

and water vapor to pass through the back portion, substantially the entire front portion including a continuous, fluid-impervious, heat-reflective layer.

9. The garment of claim 8, wherein both said front and back portions comprise breathable moisture and thermal barriers, said heat-reflective layer overlying said barriers, over substantially the entire front portion.

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- 10. The garment of claim 9, wherein said heat-reflective layer comprises an aluminized layer.
- 11. The garment of claim 10, wherein said aluminized layer comprises aluminized, polyester film.
- 12. The garment of claim 8, wherein said garment front portion extends from a region at or near a top of said garment to a region at or near a bottom of said garment, and from a region at or near one side of said garment to a region at or near the other side of said garment.
  - 13. The garment of claim 12, wherein said garment comprises a coat having two shoulders and having a bottom edge, wherein the top of said heat-reflective layer is at or near the shoulders, and wherein the bottom of said heat-reflective layer coat is at or near the bottom edge.
    - 14. The garment of claim 13, wherein said coat includes a closable front opening between said garment sides.